

2022

Life and Everything in Between

By: Maiss Halabi



The Israeli Model United Nations Association

Dedicated to the Next Generation of Diplomatic Leadership

Life and Everything in Between

Life, an easy four letter word yet so complicated.. As Maya Angelou once said "You are the sum total of everything you've ever seen, heard, eaten, smelled, been told, forgot - it's all there. Everything influences each of us, and because of that I try to make sure that my experiences are positive." The complications of life, the missteps and the failures are what make life. Life is complicated and unpredictable, there are triumphs and there are missteps.

Life can be unpredictable, one day you are happy, breathing and living your life; the next day the worst strikes. We live each day not considering the next, fighting over things that do not actually matter, hating and resenting things that can be described as pathetic. We live our lives trying to prove something to ourselves and to those around us. But you should ask yourself, is it worth it? Is it worth living each day trying to prove something? Is it worth it to live each day resenting one another because one didn't reach a certain expectation that we had for the other? Is it worth giving up on those who we truly love because of a fight? Ask yourself.

People live each day trying to accomplish finishing a project, finishing an assignment and through it all they lose themselves. We are programmed to wake up every morning, go to work or to university or wherever you are supposed to go, return home, eat, rest, sleep, and repeat.



We are programmed to love and hate, to accept and resent; but that's the problem, we are programmed, we are programmed to think, behave, analyze and do what fits the social norms— society programs us to think and behave as the rest.

If we do not do or say what fits into the norms of society we are automatically shut out, we automatically isolate ourselves. And that is exactly the reason we lose ourselves. We try unconsciously to lower our standards and to change ourselves in order to settle for what is expected of us. But that's just it, life - a 4 letter word that encompasses failure and regret, happiness and depression, love and heartbreak.

We are born different, some are born dramatic, some more sensitive than others, some are born with lower self-esteem, some are born smart but fail, others are born average and succeed, and some make more mistakes than others and that's alright! Embrace yourself, embrace how you were born and try to differentiate between the social norms and your inner peace.

We are born different, some are born dramatic, some more sensitive than others, some are born with lower self-esteem, some are born smart but fail, others are born average and succeed, and some make more mistakes than others and that's alright! Embrace yourself, embrace how you were born and try to differentiate between the social norms and your inner peace.

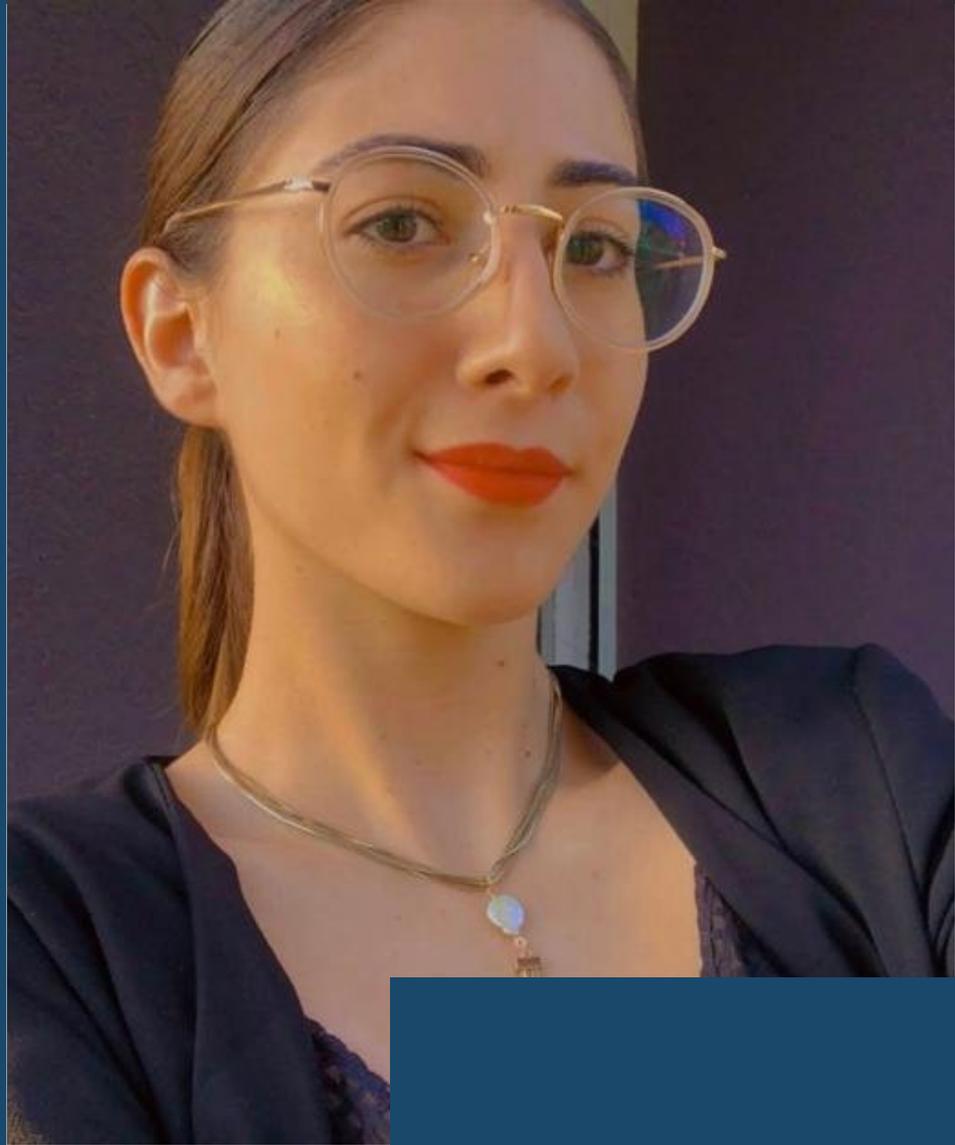


Today's youth are programmed to behave and say according to what is accepted by their fellow classmates, students or even family. They are programmed to be led by the social norms. But ask yourself, is this how the next generation should be raised? Why not let them lead their own lives, make their own mistakes, and fix them without being judged by what their fellow peers might say or do?

At the end of the day we are all leaders of our own lives. How do you think President Obama came to be President? He sure was not led by anyone, he took charge of his life, and worked towards his dream. He had followers and had non followers, there were those who supported his ideas and his visions and there were others who simply didn't, and that's okay! What matters is that you allow yourself to continue, regardless of how many support you, or how many value you. Value yourself and be your own support system, because at the end of the day that's what makes a strong leader.

You will not be accepted by everyone and you will not be loved by everyone. There are people out there who will resent you and others who will support you, there are some that will stick by you and others that will step on your head to get what they want. This is life, the simple four letter word, that sounds so simple yet it is so complicated and complex. As Shakespeare once wrote "Be not afraid of greatness. Some are born great, some achieve greatness, and others have greatness thrust upon them." Be your own kind of great, lead your life. Think as you want to think, express yourself as how you want to express yours. Be your own role model, and behave as you see fit. This is your life, take charge and most importantly be the driver of your life. Do not allow yourself to be the passenger of your life.





2021

Meet the Author

By: Maiss Halabi

Maiss Halabi, a 22 year old from a small town called Daliyat El Carmel. Maiss is currently in her 3rd year majoring in Pharmacy at the Hebrew university of Jerusalem. She was the Vice President of the HUJIMUN society between 2020 and 2021.



A message from Maiss: Never be afraid to be yourself, some of the most remembered people in history are those who were different and called weird, remember that next time you have the urge to seek acceptance from others.